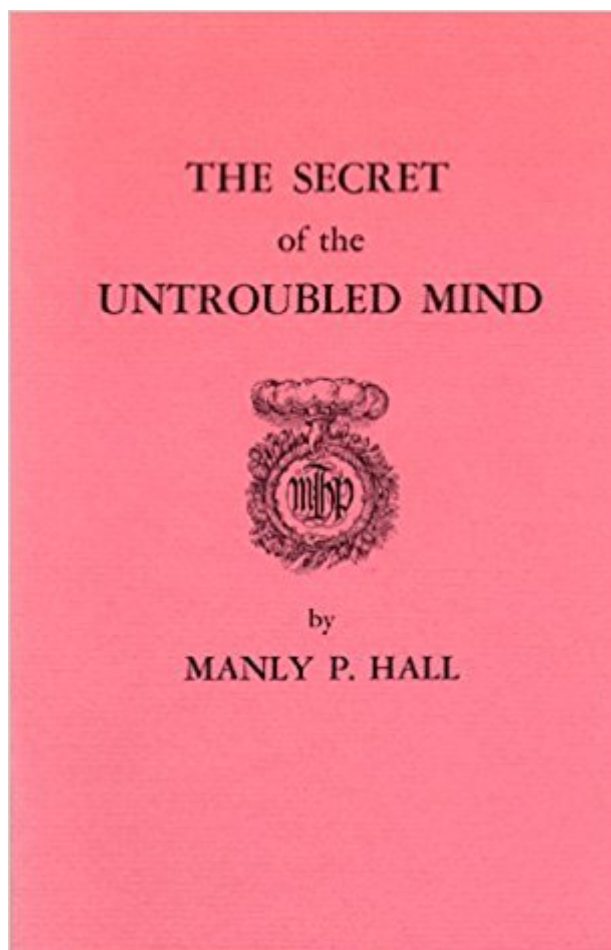


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Synopsis

A discussion of hunger and fatigue as symptoms of psychic pressure, followed by guidelines of overcoming feelings of futility.

Book Information

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